THE BOOK

THE strength of yesterday cannot effectively do today's work. For you to be relevant and effective in the programme of God and also fulfill your destiny on earth, your strength must be renewed everyday. Renewal of strength can, however, only come through the Spirit of God.

This book succinctly dwells on the indispensability of the concept of the times of refreshing for every believer and whoever wants to be relevant in the programme of God and fulfil his/her destinies.

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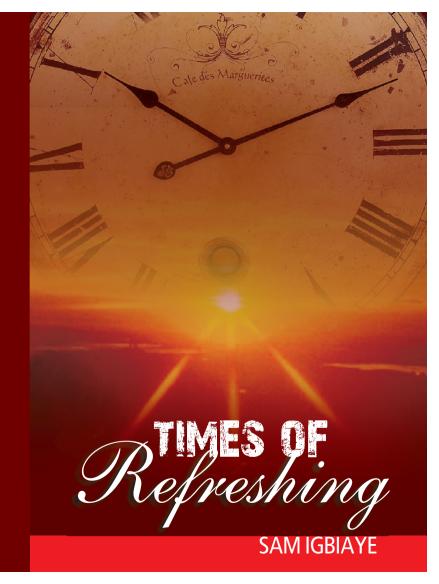
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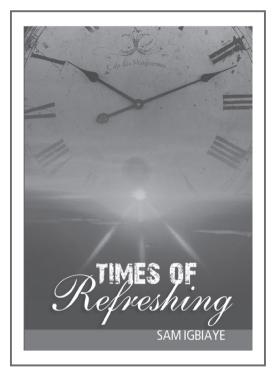
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DEDICATION

This book is fondly dedicated the saints of God who are determined to go further and move higher in the things God called them to do. Your times of refreshing are here.

ACKNOWLEDGEMENT

I have been blessed with very good people in my life, people who believe in me all the way. I am eternally grateful to God, to my parents, my mentors and fathers in faith, to my friends and partners in ministry.

My appreciation also goes to the team of leaders, pastors, ministers and every members of Hosannah Praise Church, for being the hatchery where these revelations were birthed.

I am for ever indebted to my wife, friend and partner in ministry. I say thank you for believing in the vision. I equally thank my sons, Oti and Temisan, for their supports and encouragement.

This work would not have been completed without the tireless efforts of Olaoluwa Mimiola and the members of staff of Chrisolam Communications Nigeria. Thank you and thank you again.

FOREWORD

I believe very strongly in my heart that time of refreshment is coming from the presence of the Lord. This believe is hinged on what God expects us to accomplished on earth before the coming of the Lord Jesus.

Refreshing becomes important because we need to continually be on the cutting edge of God's plans for our lives, particularly in this time and hour of changing standards. God wants to empower you to do the impossible, because you are at the verge of the greatest events of your life, you need

strength to move to the next level of your life.

We need to be conscious of the ministry of the Holy Spirit afresh again because He is the helper of our infirmities and inadequacies. He helps us by taking told together with us against those weaknesses.

I pray that as you read this book, the refreshing you need, to step into the next level of your life will be released to you, in Jesus name. Amen.

You are lifted! Samuel Igbiaye

CHAPTER ONE

WHY THE TIMES OF REFRESHING?

"Repent ye therefore, and be converted, that your sins may be blotted out; when the times of refreshing shall come from the presence of the Lord; and He shall send Jesus Christ, which before was preached unto you. Whom the heaven must receive

until the time of restitution of all things, which God has spoken by the mouth of His entire holy prophet since the world began," Acts 3; 19 – 21.

I am interested in that phrase, "TIME OF REFRESHING," particularly because of the word "REFRESHING." To refresh means to give new strength; it means to be empowered again; it means to be infused with new life.

To refresh also means to reinvigorate in such a way that you feel young again. You have a new deal for life; fresh passion and new rest. To refresh also means to revive; to come alive again; to quicken and to

stimulate.

I want to say that we are in the time of refreshing in the body of Christ, a time of impartation of new strength, a time of infusion of fresh life; a time of empowerment and a time of revival wherein God wants to strength you for the journey ahead of you. He wants to empower you to do what was impossible in one season of your life. God wants to empower you to do them in this season.

WHY TIME OF REFRESHING?

The strength of yesterday cannot do today's work. If you are going to be relevant and effective in the programme of

God on the earth today you will need fresh strength:

"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk, and not faint," Isaiah 40:31.

Waiting for the renewing of strength is the secret of the agility, strength and effectiveness of the eagle. When the eagle takes off to a high mountain apart, it beaks out weak and loose feathers. It stays there until new feathers start growing because those new feathers represent fresh strength, new agility and another kind of

empowerment for the eagle, because with these new strength, the eagle could go higher than before; it could go further than before; and attain greater feats. I want to reiterate here that yesterday's strength cannot do today's work. You need an infusion of fresh strength to reach higher, much more than before, to go further in the things of God than what you have accomplished in the past, to attain greater heights and perform greater feats for God in these last days.

Why is god bringing us a time of refreshing this season?

It is because the journey ahead of us is very great. The angel said to Elijah, "Arise and eats; because the journey is too greater for thee......." 1King 19:7. One thing I want you to know is that there is so much to be done before Jesus returned.

There are things you were destined to do that you have not done yet. There are places you were destined to get in life that you have not got to yet. There are things you were destined to accomplish in your life time that you have not accomplished yet. What about that desire of your heart? What about your childhood dreams? What about the purpose of God in your life? You can see that the journey ahead is indeed very great.

I always tell people, you don't know me. You only know my now; if you use what you see of me now to write a conclusion over my life, you might be making an eternal mistake about me because I am going very far. This is not how my story will end. My future is brighter, I must get there!

Just like the brothers of Joseph wrongfully concluded that the coats of many colours were going to be his highest achievement in life, many people are completely wrong to write a conclusion about your life, based on your present situation.

Because they are myopic in their vision

about you and ignorant about the prophesy over your life, they use your present circumstances to judge you. They don't know what God has spoken about your future, that right in your future are things that eyes hath not seen, nor ear heard, neither have entered into the heart of man the things which God hath prepared for them that love Him, 1 Cor 2: 9.

I love God with all my heart, mind and might; and because I love the Lord there are things prepared for me that you cannot even imagine. That is why I said that the journey ahead of you is very great. You need a refreshing; a renewal of strength, another level of empowerment to be able

to get there in life.

Why is God bringing us a time of refreshing this season?

This is because we need strength to birth our destiny. "And they said unto him, Thussaith Hezekiah; this day is a day of trouble and rebuke and of blasphemy; for the children are come to the birth, and there is no strength to bring forth," Isaiah 37:3.

Many of us are at the verge of the greatest event in our lives. Many are very close to the greatest manifestation that we have waited for all our lives. We are so close to it, but we are getting weary, we are getting tired and about to give up; that is why we need this time of refreshing to enable us birth our dreams in reality. Many believers have become weary over one situation or the other: issues in their families, complication in business; issues around bills and indebtedness. The list is endless. So they are fainting, they are losing their spark and excitement about their glorious future. God said: "I am bringing a time of refreshing to reinvigorate you, to revive you again so that you can mount up with wings like an eagle; run and not faint; walk and not be weary.

We are in the season of refreshing, God wants to renew your strength. He wants to infuse in you fresh passion; real zest for

the things of God. Open your heart and receive strength of God. No matter what you have been through, the best of you is ahead of you. Receive strength to hold unto Him, in the name of Jesus.

Be of good courage and He will strengthen your heart; for He has promised to do so for all that hope in the Lord, Psalm 3:24. There are things burning in your heart as visions, dreams, desires, things you want to do, to help humanity. All these you need strength to bring forth. Receive that strength in the name of Jesus.

Through faith Sarah herself received strength to conceive a seed, and she was

delivered of a child, when she was past age, Hebrew 11:11. Sarah would have died with the promise in her (Isaac) and we would not have seen that manifestation. But she received the strength and birthed that destiny.

Only God knows how many great things are in your loins that you have not birthed yet. Now, receive the strength and bring forth those destinies, in the name of Jesus.

CHAPTER TWO

AGENTS OF REFRESHING?

....Repent ye therefore, and be converted, that your sins may be blotted out; when the times of refreshing shall come from the presence of the Lord. Acts 3:9.

God has promised the church, the body of

Chris, in this season, a time of refreshment that as a church, we will experience fresh strength; a divine empowerment to do much more than we could ever imagined. He said we will experience a reinvigoration. That is what happens, when God decides to begin again with you; you will possess the strength to run as you have not in the past. And the people who know you will be surprised because the last time they saw you, you looked weary and tired. Now that God is refreshing you, you have fresh strength like an eagle to run and not be weary, to walk and not faint.

It is important to know that we are in the midst of the greatest revival, which our

generation will ever experience. There is going to be a reawakening of the love of God in the hearts of men like never before, zeal to serve God like we have never done, uncommon manifestation of the gift of Holy Spirit, not only among ministers, but also, much more among the congregation. This is because it is the revival time!

This awakening will affect every area of our lives; there will be restoration of the lost glory of the Church. The dignity of the believer will be restored; the Church will become the answer to the problems of our generation because all the springs of life will be found in the Zion (Psalm 37:5-7).

In the time of revival, whatever is said to be dead will come alive again. Dead dreams will come alive, dead wombs will carry a child again, even whatever part of your body, said to be dead, will receive life in the name of Jesus.

At this point, I want us to look at the agent of this great refreshing.

"But if the spirit of him that rose up Jesus from dead dwelled in you, He that rose up Christ from dead will also QUICKEN your mortal bodies by His spirit that dwelleth in you," Roman 8:11.

The word "QUICKEN" in that scripture means to make alive, to vitalize, to

energise, to infuse with strength. So, the principal agent of refreshing is the Holy Spirit. He is the one who can infuse us with the strength in the inner man.

"That He would grant yo, according to the riches of His glory, to be strengthened with might by his spirit in the inner man, Ephesians 3:16.

Every time God wants to give new strength, He wants to empower you with fresh life, He wants to reinvigorate or revive you. The Holy Spirit becomes the personality with which that refreshing is carried out because He is the Comforter that Jesus promised to send in His stead

"And I will ask the Father, and He will give you another comforter (Counsellor, Helper, Intercessor, Advocate, Strengthener and Standby) that He may remain with you forever," John 14:16 Amplified.

Now, I want you to follow closely because a lot of us despise the ministry of the Holy Spirit. We are unaware that God never designed the new creature to live by their strength, intelligent and human connection without the help of the Holy Spirit. Without the help of the Holy Spirit, we are like orphans.

"I will not leave you orphans—Comfortless, desolate, bereaved, for long helpless—I will

come (back) to you," John 14:18 Amplified. So without the Holy Spirit, one is helpless. Jesus said: "....For without me, ye can do nothing," John 15:5. In other words, you need me to accomplish anything on the earth; you need me to be anything on the earth. We need the Holy Spirit. When we play down our need of the Holy Spirit, we become limited to only what our human strength, intelligent and energy can accomplish. Oh! How desperately, our need of the Holy Spirit today to revitalized us for the assignment ahead of us in these last days!

One of the core ministries that is so important to us today is that of a helper.

"Likewise the spirit helpeth our infirmities, for we know not what we should pray for as we ought but the spirit itself maketh intercession for us with groans, which cannot be uttered, Roman 8:26.

The Holy Spirit is our Helper, he is the Helper of our infirmities, which are generally weaknesses and there is nobody still in this mortal body that does not have one form of weakness or the other. There are body, mental, social, financial, spiritual weaknesses, among others. In fact, there are weaknesses that sometimes become limitations in our lives, which stop us from becoming all that God has destined us to be. These weaknesses become barriers

and hindrance to our successes in life.

The Bible says the Holy Spirit who is also the agent of refreshing, has a way of helping us in weakness. The word "Helpeth" in Romans 8:26 means that He taketh hold together with us against – so to help here does not mean that the Holy Spirit will do it for you. No! He will assist you, He will support you, he will aid you, He will enable you.

You cannot almost imagine how much more you are capable of accomplishing in life, if only you will allow the Holy Spirit to assist you. Certainly, your life will grow brighter and better if He is the one helping you.

The struggle and crises in most homes right now will turn to peace and harmony, if only the homes will allow Holy Spirit to help them through.

Business men and women need the assistance and support of the Holy Spirit, if they intend to do their businesses with integrity. Because He is the divine advantage in business. When all human calculation fails; then you need the help of the Holy Spirit to make the difference in life

A lot of people do not ask for the help of the Holy Spirit because they are not doing anything significant. If all am doing is what I have the natural strength and ability to do, then I may not need help because I have the natural strength and ability to get the job done. But if I have to accomplish something bigger than my natural strength, I will need the help of Holy Spirit to see me through.

If you have never got to a point in your life where you need the help of God, you probably have never done anything that is greater than your background.

In 2 Chronicle 14:9–12 Zerah the Ethiopian came against king Asa and people of Judah with over a million army and three hundred chariots. And Asa cried unto the LORD his God and said, LORD, it is nothing with thee

to help, whether with many, or with them that have no power; help us; O Lord our God; for we rest on thee, and in thy name we go against the multitude, O LORD, Thou art our God; let no man prevail against thee.

The Lord responded to the prayer of Asa and smote the Ethiopian before Asa and Judah; and Ethiopian fled before them that have supernatural help because He asked for it. I don't know what might have come against you; if you ask Him to help you in this season; help will come your way because he is the Helper of our infirmities, our inadequacies and our deficiencies. He will help you. A lot of people are thinking,

how will I get this or that done? God says "I will help you."

How does Holy Spirit help us? Simple! By telling us what to do and by giving us ability to do them. The moment you don't know what to do about any issue, you are stranded. If you don't know what to do to move your life, business and ministry to the next level, you are stranded. When God really want to help you, He will tell you what to do.

In 2 Chronicle 20:1, three nations came against Jehoshaphat in battle. The king and the people gather together to fast and to pray, and they said to God; Oh our God,

wilt thou not judge them? For we have no might against this great company that cometh against us; neither know what to do, but our eyes on you. 2 Chronicle 20:12, and when God wanted to help them, He put his word in the mouth of Levites; ye shall not fight in this battle, set yourselves, stand ye still and see the salvation of the Lord with you. O Judah and Jerusalem fear not nor be dismayed; tomorrow go out against them. For the Lord will be with you, 2 Chronicles 20:17.

So literally, God told them what to do. They appointed singers to the Lord, who should praise the beauty of His Holiness as they went out before the army – strange

instruction! God gave them ability to do what He asked them to do. That was why the singers could go before the army to the battle field. And as they began to sing and praise the Lord, the Bible says, the Lord set an ambush and took over the battle, and they got the victory.

I prophesy, you will not be stranded. You will always know what to do; the boldness to do what God tells you to do will come upon you in the name of Jesus.

CHAPTER THREE

CONCEPT OF REFRESHING?

"And the Lord spake unto Moses, saying, speak thou also unto thy children of Israel, saying, verily my Sabbaths ye shall keep; for it a sign between me and you throughout your generation; that ye may know that I am the Lord that doth sanctify you. Ye shall

keep the Sabbath therefore; for it is holy unto vou; everyone that defileth it shall surely be put to death; for whoever doth any work therein, that soul shall be cut off from among his people. Six days may work be done; but in the seventh is the Sabbath of rest, holy to the LORD; whoever doth any work in the Sabbath day, he shall surely be put to death. Wherefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generation for perpetual covenant. It is a sign between me and the children of Israel forever, FOR IN SIX DAYS THE LORD MADE HEAVEN AND EARTH, AND ON THE SEVENTH DAY HE RESTED, AND WAS REFRESHED," Exodus 31:12-17,

I want us to take a close look at verse 17; the Bible says, "And on the seventh day, He rested, and was refreshed." So, there is a connection between rest and refreshing. God rested on the seventh day and was refreshed. Thus, a man becomes refreshed like God when he enters into his rest. When God entered into his own rest, he was refreshed.

The entire concept of refreshing is the concept of rest. The concept of rest states: For six days God worked, and on the seventh day, God ended His works which He had made. He rested on the seventh day from all His works which He had made. Genesis 2:2.

Meaning that on the seventh day, when He rested, He was strengthened, reinvigorated, energised and refreshed. If we also enter into our destined seventh day and rested from all works; our physical and mental exertion to achieve things too, will be refreshed.

The Bible teaches four kinds of rest or Sabbath: The weekly rest, which comes up on the seventh day; the rest of the seven month, which this comes up on the seventh month; the rest of the seventh year, which comes up every seventh year that causes release – Deuteronomy 15:1, and the rest of the fiftieth year, which is the year of jubilee. And the LORD spake unto Moses in Mount

Sinai, saying, "speak unto the children of Israel, and say unto them; when ye come unto the land which I give you. Then shall the land keep a Sabbath unto the LORD. Six years thou shalt sow thy field, and six years thou shalt prune thy vineyard, and gather in the fruits thereof. But in the seventh year shall be a Sabbath of rest unto the land, a Sabbath for the LORD; thou shalt never sow thy field, nor prune thy vineyard," Leviticus 25: 1-4.

And if ye shall say, what shall we eat in the seventh year? Behold, we shall not sow, nor gather in our increase: then I will command my blessing upon you in the sixth year, and it shall bring forth fruit for

three years – Leviticus 25:20-21

Now, the Lord said when you get to the land I am taking you to; you will observe my Sabbath of rest there. For six years you will sow the field and gather in your increase but on the seventh year; you shall neither sow the field nor prune the vineyard. So, the people asked the most ambiguous question, "what shall we eat in the seventh year now that we are not going to sow the field, nor gather in our increase."

God replied them, saying, "I will give you the harvest of three years in one year." That was a supernatural level of increase; a level of abundance that was beyond their efforts. I don't know who you are, reading this book, but God says, He will give you three years of harvest in one year. If refreshing is going to take place in deed, God will bring you an astronomical increase on every side so that you can rest and be refreshed

Commanded Blessing

How did God say He will bring that level of increase in one year? He said: "I will command my blessing upon you." He did not say "Blessings," in plural; He said "Blessing" in singular. I will command my blessing upon you, and because my blessing is upon you, everything will work

in your favour and you will have three years harvest in one year.

There is a power of the blessing that goes to work in you, which causes you to have that kind of result, because the blessing is divine empowerment. It is the supernatural ability of God at work in you. It is a divine endowment. It is like a license to prosper in the things you are not capable of doing naturally before. Now, there is a supernatural force working in you, enabling you to accomplish things beyond your natural ability. The power of the blessing is a divine power to prosper; it is like a positive force, an anointing, the ability of God that brings good fortune and

successes.

So, when God commands the blessing upon you, the power of the blessing causes God to assist you to do whatever you are doing and you get results beyond your efforts.

The power of the blessing amplifies your input in life such that when you make little effort in the direction of your desire, it will have great results.

When God commands the power of blessing upon you, it means that the ability of God will be working in you, causing you to achieve what is far beyond your natural ability.

I command the blessing that will cause you to have three years result in one year upon you, in the name of Jesus.

With that power of the blessing at work in your life, your days of refreshing indeed have come.

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